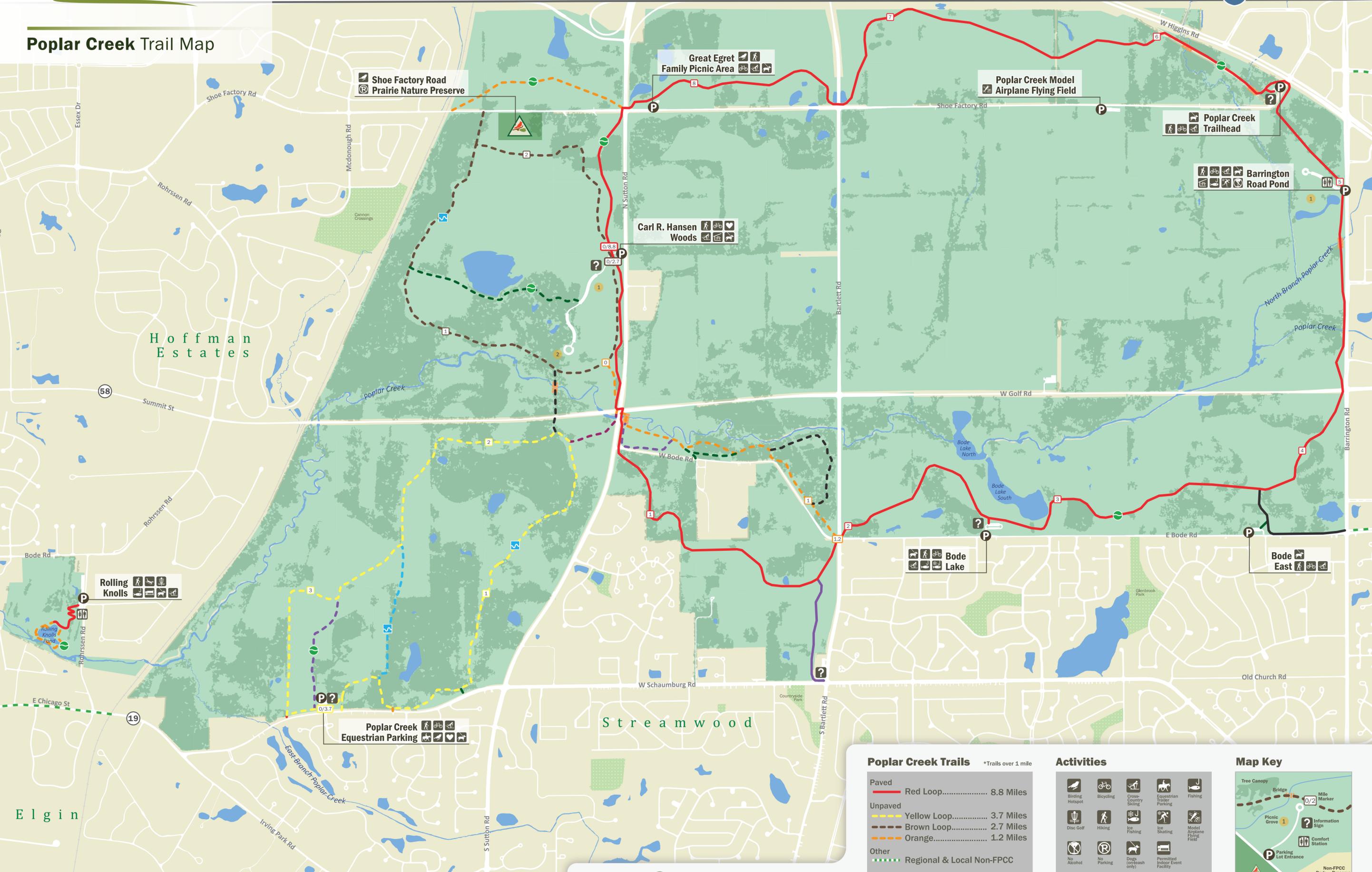


**Poplar Creek Trail Map**



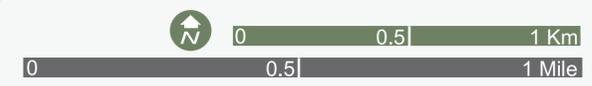
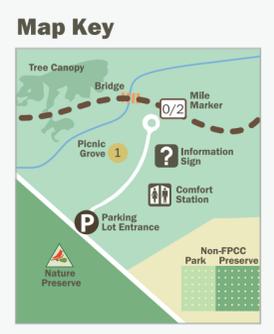
**Poplar Creek Trails** \*Trails over 1 mile

<b>Paved</b>	Red Loop.....	8.8 Miles
<b>Unpaved</b>	Yellow Loop.....	3.7 Miles
	Brown Loop.....	2.7 Miles
	Orange.....	1.2 Miles
<b>Other</b>	Regional & Local Non-FPCC	

● Easy  
 ■ Intermediate  
 ◆ Advanced  
 ◆ Expert

**Activities**

Birding Hotspot	Bicycling	Cross-Country Skiing	Equestrian Trailer Parking	Fishing
Disc Golf	Hiking	Ice Fishing	Ice Skating	Model Airplane Flying Field
No Alcohol	No Parking	Dogs (leash only)	Permitted Indoor Event Facility	Volunteer Opportunities
Permitted Picnic Shelter	Permitted Picnic Shelter	Sledging		



# POPLAR CREEK TRAILS

Please recycle. Pass this map to someone who looks lost. Thank you.

Arthur L. Janura Preserve, located in northwest Cook County, offers as many activities as it has names. Visitors may know the area or sections of it as Poplar Creek, Shoe Factory Road Woods or Carl R. Hansen Woods. But no matter what one calls this 4,366-acre complex of trails, restored prairies, oak woodlands and ponds, there's something for everyone.

Twenty-one miles of paved and unpaved trails provide opportunities to horseback ride, bike and hike across the hilly terrain. Sloping mowed fields are ideal kite-flying spaces that can double as serene picnic spots, while picturesque picnic groves offer shelter.

Arthur L. Janura Preserve is rich with remnant woodlands and prairie. Since 1989, the Poplar Creek Prairie Stewards have transformed agricultural fields and farm homesteads into healthy native ecosystems, ranging from tallgrass prairies to wetlands. Their efforts have seen native plants, birds and animals thrive in these healthy and diverse settings. More than 300 acres are under management.

We hope these routes inspire visitors to discover new places in nature and ways to connect to the outdoors.



For an interactive web map featuring more details about the Forest Preserves' trail systems, visit [map.fpdcc.com](http://map.fpdcc.com). To learn more about volunteer opportunities in the Forest Preserves, visit [fpdcc.com/volunteer](http://fpdcc.com/volunteer).

fpdcc.com/improvements  
Visit our trail closures page for all the latest information about trail and preserve closures, prescribed burns and other work.

**BEFORE YOU GO**  
In case of emergency, call 911  
River Forest, IL 60305  
VOLUNTEER HOTLINE 773.631.1790  
PHONE 800.870.3666  
POLICE 708.771.1000  
General Headquarters  
536 N. Harlem Ave.

*create YOUR OWN ADVENTURE*  
In our forest preserves, you can boldly explore more than 300 miles of trails or join a group learning archery—the adventure is yours to create within nearly 70,000 acres at six nature centers, five campgrounds, 40 rivers and lakes, and 10 golf courses.

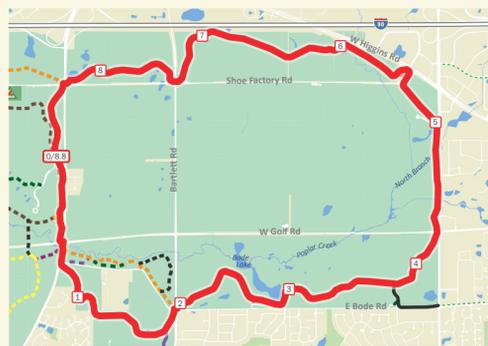


## RECOMMENDED ROUTES

### Red Loop

LENGTH: 8.9 miles  
TRAIL TYPE: Paved  
TERRAIN: Flat

This trail offers access to birdwatching, fishing, and picnicking at Carl R. Hansen Woods.



For those looking for a lengthier hike, try the Red Paved Loop. Trail access is available at Carl R. Hansen Woods, Bode Lake, Bode East, Barrington Road Pond, Poplar Creek Bicycle Lot and Great Egret Family Picnic Area.

The open space found within this 8.9-mile loop provides habitat for shrubland and edge bird species including gray catbirds, brown thrashers and indigo buntings. Bring a pair of binoculars and enjoy peaceful birdwatching while hiking. Various mammals, such as coyotes and deer, also inhabit the open space.

Anglers can catch bluegill, largemouth bass, whitesucker, black bullhead and green sunfish right off the trail at Bode Lake and Barrington Road Pond. Visit [fpdcc.com/fishing](http://fpdcc.com/fishing) for our fishing guide, recent fish population surveys, and regulations for fishing in the Forest Preserves.

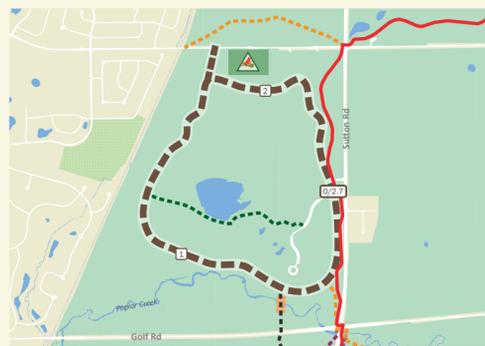
A 300-person picnic grove is available by permit at the Barrington Road Pond entrance, where visitors can find a comfort station.



### Brown Loop

LENGTH: 2.7 miles  
TRAIL TYPE: Unpaved  
TERRAIN: Rolling

Partly a mowed grass trail, this route provides views of Shoe Factory Road Nature Preserve.



For visitors looking to explore beautifully restored habitat, the 2.7-mile unpaved Brown Trail meanders around Shoe Factory Road Nature Preserve and through Carl R. Hansen Woods. These lands have benefitted from decades of ongoing restoration work.

Shoe Factory Road Nature Preserve, a rare, 9-acre remnant gravel hill prairie, is located in the northwest corner of the preserve. Plants that grow on the hill have specially adapted to dry conditions, such as silky aster, rough blazingstar, and porcupine grass. Carl R. Hansen Woods, a restored "prairie grove," boasts beautiful oaks and bountiful spring wildflowers.

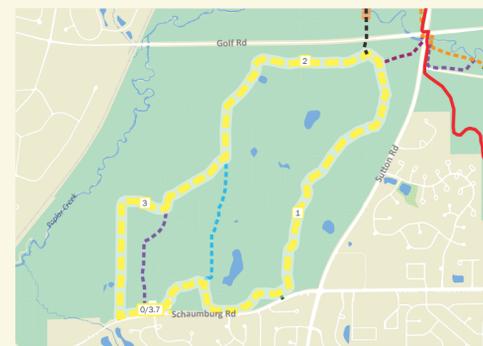
While exploring the Brown Unpaved Loop, visitors can take a break at the small waterbody to watch for waterfowl such as great blue herons and great egrets, as well as painted turtles and darting leopard frogs. Access the trail at the Carl R. Hansen Woods entrance.



### Yellow Loop

LENGTH: 3.7 miles  
TRAIL TYPE: Unpaved  
TERRAIN: Rolling

The gravel trail through the Schaumburg Road Grassland is a favorite for horse riders.



On the southwestern portion of Arthur L. Janura Preserve is Schaumburg Road Grassland. The 3.7-mile Yellow Unpaved Loop that winds through it can be accessed at the Poplar Creek Equestrian Parking entrance.

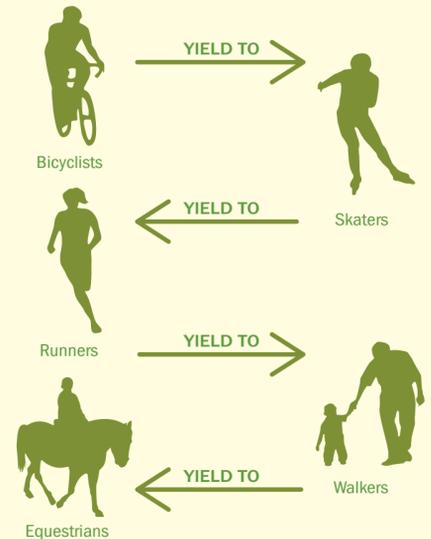
As the entrance name suggests, the site is popular among horse riders and provides equestrian parking. Hikers and riders on this gravel trail will notice restored prairie and woodland, as well as unrestored farm fields and woodlots, which provides a good opportunity to enjoy a changing landscape.

Restoration work at Schaumburg Road Grassland began in 2009. The prairie and old-field areas provide habitat for many grassland birds like bobolinks, eastern meadowlarks and Henslow's Sparrows, as well as numerous native prairie plants such as big bluestem, Indian grass, blue-eyed grass and wood betony.



## TRAIL INFO & ETIQUETTE

- Most trails are open from sunrise to sunset; nature center trails are open during posted hours. Nature center trails are intended for walking use only.
- Restrooms available at many preserve and trail parking lots.
- Picnics for groups of 25+ require a permit. Visit [fpdcc.com](http://fpdcc.com).
- Collecting plants or animals is prohibited. Please refrain from feeding wildlife; it can spread disease and harms the animals.
- Cyclists and equestrians must ride single-file, and helmets required for riders 14 and under.
- Horses and their riders must be licensed.
- Off-trail use damages sensitive habitat. Stay on designated trails, and don't use trails in muddy conditions.
- Ride or walk on the right side of the trail, and give an audible warning before passing other trail users. Ask permission before passing equestrians.
- Dogs must be leashed at all times, except in designated off-leash dog areas.



The FPCC is committed to providing equal, integrated participation for individuals with disabilities. Please contact the Nature Center of your program choice 72 hours in advance to request reasonable accommodations and to obtain more information about site accessibility.

To obtain information about accommodations for specific camping and outdoor recreation activities throughout the Forest Preserves, please contact us at [experience.nature@cookcountyil.gov](mailto:experience.nature@cookcountyil.gov) or 708-386-4042.



Be sure to check out other great Forest Preserves locations and amenities near Arthur L. Janura Preserve. Here are some suggestions.

### Rolling Knolls

Year-round outdoor recreation opportunities can be found at the 55-acre Rolling Knolls site, located along the Poplar Creek riverbank southwest of Poplar Creek Equestrian Parking.

In addition to a half-mile trail, visitors can enjoy a sledding, fishing or disc golf at the professional-level, 18-hole course. The Rolling Knolls Pavilion event space accommodates up to 100 guests, with easy access to an outdoor patio.

### Bluff Spring Fen

The 160-acre Bluff Spring Fen is about 6 miles southwest of Arthur L. Janura Preserve. The fen is known for its rare namesake wetland, glacial hills and a diverse community of plants and animals supported by the spring. A winding footpath meanders up and around a gravel kame graced with old bur oaks, delicate wildflowers and more.



Bluff Spring Fen. Photo: Lisa Musgrave

## POPLAR CREEK TRAIL MAP

